

Let's talk feminine health and wellness

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Childbirth, menopause or simply the natural process of ageing can significantly change the overall wellbeing of the vagina. Many women suffer from weakening of the vaginal muscles, resulting in vaginal laxity, leakage of urine, low level of sexual interest as well as vaginal dryness, low blood flow and sensitivity.

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Until now there have been very few solutions available, but now Dr Hayley Elsmore at the Orchard Cosmetic Clinic in Newport is delighted to offer Votiva, a revolutionary new treatment.

What is Votiva?

Votiva is a non-surgical treatment by Inmode to help transform your vaginal health. It is a radiofrequency wand device which can be used comfortably on internal and external tissues. It is effective, easy and painless.

The Votiva wand is inserted into the vagina and gently remodels the tissue with thermal heat. Results can be felt and seen immediately, but continue to develop for months after the treatment. New collagen and elastin are formed, as well as increased blood flow and lubrication.

The total procedure is typically 20-30 minutes with no discomfort or downtime. Dr Elsmore determines the best treatment plan for each individual. The majority of women have 2-3 sessions.

Dr Elsmore has over 15 years experience as a GP dealing with women's health issues. She also holds a diploma in gynaecology.



Dr Elsmore

Her focus is for all her clients to receive the best possible advice and expert care, before, during and after treatment.

Scientific studies have shown a significant improvement in both vaginal and urinary symptoms following Votiva.

"Dr Elsmore completely put me at ease. I've had a 50% improvement in tightness and much less dryness after just two Votiva treatments."

Do you or someone you know have these common feminine health concerns? For your complimentary confidential consultation with Dr Elsmore contact Orchard Cosmetic Clinic on 01983 719772 or email orchardcosmeticskin@gmail.com.